

Ranch Siesta Los Rubios

RIDER LEVELS

Which are you (or inbetween is eg. beginner+)

ABSOLUTE BEGINNER

Only ridden a few times eg on holiday
Had a few lessons/saddle time but many years ago
Not confident /stable in a trot
Maybe ridden a few times in a school but never outside on a hack
Ridden only on a lead rein not solo

BEGINNER

Can approach a horse safely
Mount and dismount assisted
Have a basic understanding of aids
Make the horse walk, stop, turn left & right
Control a quiet school horse at a walk and trot (rising) with turns
Can do rising trot on the correct diagonal
We'd also like to know if you've ridden in a school and/or outside on hacks

NOVICE

Mount and dismount unassisted
Control a horse in walk, trot and canter
Have a relaxed and deep seat
Able to walk and trot without stirrups and independent of the rein
Canter on a named leg
Understand the terms balance, rhythm and tempo
Understand a jumping position
Trot over poles and jump a small cross pole
Ride a combination of schooling figures eg circles, serpentines, figure of 8
Groom and tack up a horse unassisted
Ride inside the school and on hacks in open countryside

INTERMEDIATE

Ride on a regular basis and have regular lessons
Ride more advanced and inexperienced horses
Understand the importance of rhythm, relaxation, connection, impulsion and straightness
Ride more advanced lateral movements in walk, trot and canter
Jump a selection of advanced jumps
Ride towards improving a horses way of going
Ride independently of a group